



A Publication of Lions Home for the Elders

Oct - Dec 2012

Golden Times

**NEW
IN THIS
ISSUE!**

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NURSE MANAGER OF LHE BEDOK
AND AIDE KHAING, PRINCIPAL
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SPREADING THE
Christmas
Cheer at **LIONS HOME**
FOR THE ELDERS



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**Lions Home
For The Elders**
獅子乐龄之家

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Health Check Wellness Clinic Charity Adoption

20 Oct 2012 - 31 Oct 2013

Health Check Wellness Clinic is proud to adopt Lions Home for the Elders as the sole beneficiary of its Corporate Social Responsibility engagement efforts.



Kelvin Chia

Managing Director of Health Check Wellness Clinic

1) What is the nature of your business?

Health Check Wellness Clinic provides one-stop referral service for wide range of medical services; ranging from comprehensive health screening, dental screening and treatment, specialist follow-up and consultation and health management programmes.

Our clients come from all walks of life; companies, working professionals, private individuals, visiting international tourists, and local expatriates' community with the common objectives of engaging health prevention and seeking medical interventions for personal medical conditions.

Over the years, Health Check Wellness Clinic has established strong networks with many reputable local medical establishments and hospitals, in order to provide a wide range of choices to meet the different requirements of our clients.

2) What prompts your company to embark on a Corporate Social Responsibility (CSR) engagement?

CSR promotes responsible business practices and enables us to do our humble part for the needy community in our society.

At Health Check Wellness Clinic, we strongly believe in having a balanced approach in achieving business profitability and making social contribution.

By promoting philanthropic cause as joint efforts, we hope to encourage more people to contribute in their own capacity in bringing cheers to the less privileged.

3) Why does your company adopt Lions Home for the Elders as its CSR engagement?

Charity adoption has always been on our mind since we see positive company's performance years ago, but we were contemplating which charity to adopt among so many charities in Singapore.

We chanced upon Lions Home for the Elders when we visited its website one day. With the actively ageing population in Singapore, we found the Home's services, mission and goals very meaningful and purposeful for the less privileged elderly in the local ageing community.

4) What does your company's CSR engagement entail?

With this thought in mind, we are delighted to adopt Lions Home for the Elders as the sole beneficiary of our CSR engagement since.

Health Check Wellness Clinic is contributing \$3.00 for every sale of selected health and dental screening packages to Lions Home for the Elders from 20 Oct 2012 to 31 Oct 2013.

We also encourage our clients to contribute outright donation to the Lions Home for the Elders in our website, and help to raise awareness of the Home through our engagement efforts.

We hope that the fund raised will help to sustaining the efficient operations of Lions Home for the Elders.

5) Would you encourage other corporate establishments to do the same?

CSR engagement goes beyond raising much needed funds for a charity beneficiary.

CSR engagement helps to raise awareness on the plight of the less fortunate and less privileged individuals who are either forgotten or not noticed by the larger community. These to me, are the real social concerns of every society. Thus, I will certainly encourage all companies to come forward to lend a helping hand, and contribute in their own ways, regardless of scale and amount, to alleviate the plight and conditions of the needy community.



Together for Communities.

We are glad to be part of Flag Day on December 2012 to support Lions Home's residents.

Holcim celebrated its 100 years anniversary in 2012 through global corporate volunteering - every single employee contributes to the 100 years' worth of community service.



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● SERVICE FROM THE HEART

For our brand new section “Service from the Heart”, we are interviewing Nurse Manager Zimadar and Principal Nursing Aide Khaing on what inspired them to join LHE and the challenges of their daily work.

Aide Khaing

Principal Nursing Aide of LHE Toa Payoh, from Myanmar

1) What made you join LHE?

I joined LHE because I wanted to earn money for my family as well as to care for the elderly who need real help.

2) What are the challenges you face in your daily work?

I face many challenges in my daily work such as how to deal with the elderly's behaviour, their activities, how to perform resuscitation and how to comfort the elderly's emotionally.

3) What inspires and motivates you most in your job?

In my job, I learn how to comfort the old people and give strength to the elderly. It motivates me to love and be patient enough when communicating with the elderly. I am proud of myself and I feel very happy with my job.

4) Any relevant work experience or encounters you would like to share with your fellow colleagues?

Yes, what I would like to share with my fellow colleagues is that all these elderly residents need our care, love and comfort so we need to understand their language so that we can provide for their needs easily.

5) What do you hope to see in the development of elderly care and nursing for the elderly in Singapore in the next 5 years?

I would like to see more comfortable nursing homes where the elderly can rest peacefully, and there should be enough staff to look after the old people.



Sister Zimadar

Nurse Manager of LHE Bedok, from the Philippines

1) What made you join LHE?

I joined Lions Home because I want to share what God has given me – The Gift of Love and Care.

2) What are the challenges you face in your daily work?

There are a lot of challenges I encounter such as dealing with family members of our residents with different cultural backgrounds, the language barrier between residents and staff, dealing with different kinds of people with different needs, just to name a few.

3) What inspires and motivates you most in your job?

What inspires and motivates me most is the moment of truth when I share my knowledge and skills with my colleagues and we learn from each other. I also learn a lot from my residents; there is wisdom in caring for the elders.

4) Any relevant work experience or encounters you would like to share with your fellow colleagues?

Experience does not only entail knowledge but skills acquired through your deliverance of care. From day to day, I can share that caring for the elders is a unique experience because it is individualised – no two persons are alike - do not compare, do not label, do not discriminate but give justice to anyone and everyone.

5) What do you hope to see in the development of elderly care and nursing for the elderly in Singapore in the next 5 years?

Five years down the road, I look forward to seeing the elderly being taken care of more by their family, sharing the joys and sorrows with their loved ones, and less by institutionalised care.

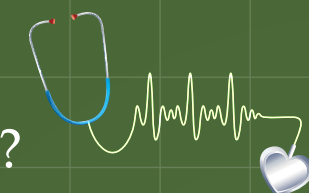


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Lions Home Flag Day 2012

15 Dec 2012



Following up on the success of last year's Flag Day, the Flag Day 2012 Committee was encouraged by the volunteer turnout for the Flag Day this year. However, the main challenge for the Flag Day Committee this year was to reach out and recruit volunteers during the December holiday period. With this in mind, the committee made great efforts to recruit the Flag Day volunteers from all possible avenues.

The hard work of the main organising committee, together with the Home's strong support, we managed to recruit about 1,300 volunteers. A total of more than \$81,000 was collected from the street collections. And every dollar from these kind donations will benefit all the residents in Lions Home and help to defray operational cost for the Home.



Annual General Meeting 2012

29 Sep 2012

Lions Home For The Elders would like to welcome the following members to the Management Board 2013-2014.

1st Vice Chairman - Lion Peter Anthony Lim
(LCS Jurong)

Secretary - Lion Soh Wee Boon (LCS Nassim)

Treasurer - Lion Barry Wee (LCS Orchid)

Directors

- Lion Gary Goh (LCS Garden City)
- Lion Richard Chew (LCS Whampoa)
- Lion Lee Kheng Hong (LCS Royal)
- Lion Andy Foo (LCS Seletar)

Co-opted Directors

- Lion Andy Tan (LCS West)

● VISIT FROM OUR PARTNERS

People Profilers Pte Ltd

6 Oct 2012

It was a humid morning while the residents waited for the visitors from People Profilers. The kind staff and management from People Profilers provided a medley of classic songs, which gave the residents great delight. The October birthday 'boys' and 'girls' were dressed up by the staff of People Profilers as they celebrated their birthdays.

2nd Vice Chairman of Lions Home, Lion Jerrick Tay, was present to receive the generous donation of \$5,840 from Senior Manager of People Profilers, Mr. Matthew Tan. This donation will go towards the daily operations of the Home.



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Intel

28 Sep 2012

On a hot sweltering day, the staff of Intel were busy putting up decorations to mark the Mid-Autumn festivities at the Bedok Home. To build rapport with the residents, the Intel staff began by taking instant photographs of the resident which were inserted into the photo-frames which were made beforehand by the residents.

Excitement filled the air as the Intel staff and their relatives continued with singing and dance performances. Many of the residents were familiar with the well known classic songs and happily joined in the singing.



Lions Home was very grateful to receive a total of S\$16,204 (S\$8,276 direct donation) with part of the fund to be used to purchase a physiotherapy tilt table, groceries and thermal blankets. The hours spent by the 54 Intel volunteers will also be matched in a Intel matching grant programme, which will translate to a donation from Intel in 2013.



PAP Community Foundation Chua Chu Kang Branch Ah Gong Ah Ma Chopsticks Charity Drive 01 Nov 2012



The principal and teachers of PAP Community Foundation (PCF) Chua Chu Kang branch helped raise a total of \$1,685 for the Home from the sale of "Ah Gong" "Ah Ma" chopsticks and Singapore Pools charity football umbrellas.

The team organised a donation-in-kind drive concurrently. The overwhelming response to the donation-in-kind drive raised a large stock of food and daily necessities with a total value of \$2580. The Home is very grateful to everyone at PCF Chua Chu Kang for their hard work and efforts, and great spirit of service.



8 Tarts and Pastries Mooncake Donation

26 Sep 2012

Ms. Catherine Tan of 8Tarts and Pastries generously donated 246 mooncakes for the residents of the Lions Homes at Bedok and Toa Payoh. Her kind donation, with a retail value of \$2,410, added to the festivity of the Mid-Autumn Festival which was celebrated on 30 Sep 2012 this year.

LIONS AND ENGINEERS HAVE A LOT MORE IN COMMON THAN YOU THINK

A visit to the Lions Home is just one of the many ways by which HSL hopes to make a difference to society. Seeing the faces of the residents light up as they enjoyed every moment of our visit was a reward that went beyond whatever we gave. The gifts, performances and donations brought as much joy to us as it did the volunteers and residents of the home. Because our every gesture, big or small, is helping us to achieve our aspirations as much as it fulfills their needs.

As a business, we have staked our success on our achievements in our core specialisations – marine, plant and ground engineering. But as a corporate citizen concerned with the welfare of the world around us, we also aspire to be engineers of hope. We know hope may mean different things to different people, but everyone in the HSL family shares one same vision of a stronger, more sustainable future that we can all help to build.

Just like the lions, HSL is also in the business of inspiring hope, and that's why we are the best of friends!

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Lions Club of Singapore Sentosa

06 Oct 2012

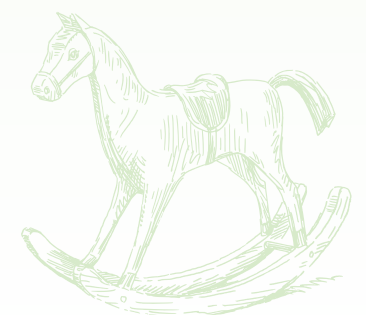
LCS Sentosa members entertained the residents on 6 Oct 2012 with Chinese opera songs. They also generously donated a total of \$14,720, proceeds from a Charity Art Exhibition at Fort Canning Park held in August 2012. Chairman of Lions Home, PCC SG Chin received the generous donation from LCS Sentosa.



Lions Club of Singapore Jurong

26 Oct 2012

LCS Jurong's sister club members from Taipei and Jakarta visited the Home on 26 Oct 2012 to interact with the residents at the Home. The visitors were present at the 'Kopitiam' session to share with the residents sponge cakes that members from LCS Jurong had specially bought. The visitors from Taiwan and Indonesia also generously purchased Singapore Pools charity football umbrellas.



Beca Charity Walk and Run

16 Nov 2012

Despite the poor weather, the staff and management of Beca enthusiastically joined in the Charity Walk and Run at Punggol Waterway Park on 16 Nov 2012. In addition, the staff and management of Beca also invited the Home's staff to participate in the Run. Beca's strong support and dedication in the event helped to raise a total of \$1,800 to benefit the Home.



Total Management Visit

20 Sep 2012

Ms. Yun Zhang, Chief Executive Officer of Total Management Pte Ltd, generously sponsored lunch for 260 residents at both Bedok and Toa Payoh Homes on 20 Sep 2012. She toured both Homes, including a visit to the Dementia Ward in the Toa Payoh Home. The Lions Home is very grateful for her time and kind gesture.

EDITORIAL COMMITTEE

PDG William Kwok, Lion Eng Teal, Ms. Doreen Lye, Mr. Michael Lee, Mr. Richard Kwok.

The Editorial Committee reserves the right to edit stories due to space constraints.

