

Golden Times

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DRAGON DANCE TROUPE KINDLY SPONSORED BY LIONS CLUB OF SINGAPORE VANDA

Chairman's Message



The second term of my office as Chairman commenced on 1st January 2013. Since I completed my first term of office (1st January 2011 to 31st December 2012), the goal setting programmes have largely been fulfilled.

All this was made possible by the commitment and generosity of our strong supporters, volunteers, corporate and generous donors and all Lions Clubs of Singapore in sustaining the Lions Home for the Elders (LHE) as a place that our residents can call their Home.

With a strong team of caring staff for our elderly residents, I am confident that Lions Home's direction in raising

excellence of service and professionalism in quality care will be the norm, especially when the new Lions Home will be completed in Bishan in 2015.

There has also been a breakthrough in bringing out the potential of our elderly residents, as you have all witnessed from the drum therapy group's performance during the Home Recognition Night. This is one of the activities that makes the life of our elderly more meaningful in their golden years.

During the Lions Home Recognition Night 2012 held on 2nd February 2013, I said, "Each and everyone of you here this evening is a building block, supporting our cause and mission to provide quality care for the elderly and support for caregivers and families."

The Lions Home Recognition Night was privileged to have the Minister for Health, Mr. Gan Kim Yong, as our Guest-of-Honour. The Lions Home is actively taking part in various Government initiated grant schemes to enhance the capabilities of our human capital, improve work processes, and work towards productivity and cost effectiveness. We are indeed very grateful for the Ministry's full support.

The Management Board and the staff would like to sincerely thank our donors and supporters, the Lions Clubs in Singapore, the Ministry of Health and all other Government-related and Government agencies who have helped and supported our Lions Home.

In closing, we are saddened by the passing of our Immediate Past Chairman of the Home, PCC Goh Seng Chee. We send our deepest condolences to his family and we will always remember him for his firm dedication and commitment to the Lions Home and the Lions movement.

PCC Lion S G Chin
Chairman
Lions Home for the Elders

Home News

2-Days Nursing DIY Course

Nurse Manager, Joselito Iporac and Nurse Clinician, Varadhan Arivazhagi had the privilege and opportunity to attend the 6th session of the 2-day Nursing DIY programme, organised by the Healthcare Leadership College (MOH Holdings). The course was specially designed for our nurse leaders from acute, intermediate and long-term care sectors by Ms. Woon Lai Har, Adjunct Fellow, Healthcare Leadership College.

The aim of the programme is to help nurses to be effective leaders and become better engaged by moving from a state of feeling helplessness to situation that they can consciously create and control their own current and future realities.

The programme also aims to provide insight and awareness of the participant's

own values, self-image, identity and mental models. It gives the nurse leaders an appreciation of how all these can determine their actions and interaction, both at work and in their personal lives.

Therefore, the programme will contribute to the desired outcomes, and proceed to initiate a wide range of practices among the nurses and healthcare workers at Lions Home by sustaining dialogue and providing resources and support for each other.



SERVICE FROM THE HEART

In this issue of "Service from the Heart", we are interviewing our Nurse Manager, Joselito Iporac and Principal Nursing Aide, Peter Cariaso Soleria on what inspired them to join Lions Home and the challenges of their daily work



Peter Cariaso Soleria

Principal Nursing Aide of the Lions Home, Toa Payoh, from the Philippines

1) What made you join the Lions Home?

I joined because I need to work to be able to support myself, as well as my family.

2) What are the challenges you face in your daily work?

In my daily work there are some challenges I have encountered, such as dealing with the challenging behaviour of some of the residents as I am working in a special unit, which is the Dementia Care Unit. It is also challenging to me because of the language barrier. As a foreign employee here in Singapore, it is very important to me that I can understand the language of each individual resident so that I am able to give the appropriate care that they need spiritually, emotionally and physically.

3) What inspires and motivates you most in your job?

Residents' smiles and a simple thank you from them inspire me most in my daily work. I feel appreciated that the love and care I have given them these past 8 years has all been worthwhile. What also motivates me greatly is the guidance and trust given by my senior colleagues.

4) Any relevant work experience or encounters you would like to share with your fellow colleagues?

There are some relevant work experiences and encounters that I want to share with my fellow colleagues. First, during outing days that I went on with the elderly residents, I could see the happiness on the faces of the residents. Secondly, I would like to highlight the time when I attended an ITE course on dementia care training sponsored by Lions Home. The course I attended encouraged me to give the very best of my ability in taking care of the residents.

5) What do you hope to see in the development of care and nursing for the elderly in Singapore in the next 5 years?

I hope to see the use of more technology to help us in providing better care for all our elderly residents.

1) What made you join the Home?

I joined because I have a passion to work with older people.

2) What are the challenges you face in your daily work?

The challenge is to continue to strive for an enhanced quality of care in this difficult time with a shortage of manpower, increasing the standard of quality care and reducing the foreign staff ratio.

3) What inspires and motivates you most in your job?

I feel motivated when I see a smile from the elderly residents and family members expressing their appreciation to us in helping their loved ones.

4) Any relevant work experience or encounters you would like to share with your fellow colleagues?

The greatest thing I have experienced is to be able to acknowledge the value of others.

5) What do you hope to see in the development of care and nursing for the elderly in Singapore in the next 5 years?

I hope to see a further improvement in caring for the elderly by advancing nursing care knowledge through research, practice and education.



CHINESE NEW YEAR 2013 VISITS

January to February was a busy period for the Lions Clubs, our corporate partners and individual well-wishers, who all brought much joy and happiness to the residents during the Chinese New Year festive period. They came along with different entertainment programmes, catered meals and tea break snacks for the residents. The residents were also very grateful to receive the customary 'ang pow' (red packets) from the generous visitors.

LCS AMBER (27 JANUARY 2013)



LCS ASTRID (20 FEBRUARY 2013)



LCS VANDA (24 FEBRUARY 2013)



LCS ORCHID (17 FEBRUARY 2013)



LCS SHANGRI-LA (17 FEBRUARY 2013)



LCS SOUTH AND CHIJ KATONG CONVENT SECONDARY (24 FEBRUARY 2013)



LCS CITY, CENTRAL AND ORIENTAL (16 FEBRUARY 2013)



LIONS HOME RECOGNITION NIGHT 2012 – 2 FEB 2013

"Night of Spring" was the theme of the Lions Home Annual Recognition Night. Most of the guests came dressed in traditional Chinese outfits to celebrate this happy occasion of the Chinese Lunar New Year.



Minister for Health, Mr. Gan Kim Yong, graced this event as our Guest-of-Honour. He was impressed by the music provided by our very own Lion Archie Ong and his band, and also by the performance of our drum therapy residents using various percussion instruments.



HK LAU AWARD

1. KUAN IM THONG HOOD CHO TEMPLE
2. LEE FOUNDATION
3. LIONS CLUB OF SINGAPORE LOTUS
4. LIONS CLUB OF SINGAPORE LADYHILL
5. LIONS CLUB OF SINGAPORE SELETAR
6. LIONS CLUB OF SINGAPORE NANYANG
7. SELETAR COUNTRY CLUB
8. ZENITH SECURITIES PTE LTD

DISTINCTION AWARD

1. LIONS CLUB OF SINGAPORE ORCHID
2. LIONS CLUB OF SINGAPORE ORIENTAL
3. LIONS CLUB OF SINGAPORE NASSIM

EXCELLENCE AWARD

1. LIONS CLUB OF SINGAPORE ACES
2. LIONS CLUB OF SINGAPORE AMBER
3. LIONS CLUB OF SINGAPORE ARCADIA
4. LIONS CLUB OF SINGAPORE ASTRID
5. LIONS CLUB OF SINGAPORE CENTRAL
6. LIONS CLUB OF SINGAPORE CITY
7. LIONS CLUB OF SINGAPORE EMERALD
8. LIONS CLUB OF SINGAPORE HENDERSON
9. LIONS CLUB OF SINGAPORE JURONG
10. LIONS CLUB OF SINGAPORE PEARL'S HILL
11. LIONS CLUB OF SINGAPORE RAFFLES CITY
12. LIONS CLUB OF SINGAPORE SENTOSA
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14. LIONS CLUB OF SINGAPORE VANDA
15. LIONS CLUB OF SINGAPORE WEST

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13. PEOPLE PROFILERS PTE LTD
14. SINGAPORE POOLS PTE LTD
15. TEMASEK JUNIOR COLLEGE
16. TOH KIAN CHUI FOUNDATION

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3. LIONS CLUB OF SINGAPORE GOODWOOD
4. LIONS CLUB OF SINGAPORE JI YANG
5. LIONS CLUB OF SINGAPORE KATONG
6. LIONS CLUB OF SINGAPORE KHATIB MANDARIN
7. LIONS CLUB OF SINGAPORE NEE SOON MANDARIN
8. LIONS CLUB OF SINGAPORE ORCHARD
9. LIONS CLUB OF SINGAPORE PATERSON
10. LIONS CLUB OF SINGAPORE SHANGRI-LA
11. LIONS CLUB OF SINGAPORE WHAMPOA

FRIEND AWARD

1. LIONS CLUB OF SINGAPORE CHANGI
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3. LIONS CLUB OF SINGAPORE COMPASSVALE
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18. LIONESS CLUB OF SINGAPORE
19. LIONS CHORALE

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Lions Club of Singapore Khatib Mandarin Golden Snake Coin



Mr. Kea Zhi Zhong is a renowned local gold and jewellery supplier and also the boss of the Golden Watch and Jewellery Chain (GWJC). Each year, without fail, Mr. Kea produces for sale gold coins of the reigning zodiac animal of the Chinese Lunar New Year. Through the sale of the coins, he has generated funds for several organisations, namely Cheng Hong Welfare Services, Kidney Donation Foundation, Metta Welfare Association, Kreta Ayer Senior Activity Centre and the Man Fut Tong Nursing Home.



This year, GWJC produced a commemorative coin - the "Vehonia Dance of the Golden Snake", and LCS Khatib Mandarin collaborated with GWJC in selling these coins. The response to the sale of these coins was good. Some 50 coins were also sold during the LHE Recognition Night which raised over \$3,000 for the Home.

In addition, LCS Khatib Mandarin raised a further \$10,000 for the Lions Home for the Elderly (LHE) /Lions Befrienders (LB) Joint Charity Golf Tournament held on 15 May 2013, and, with donations from sponsors, LCS Khatib Mandarin donated over \$17,000 to benefit LHE and LB.

LHE would like to specially thank Mr. Kea for making this possible. At the same time, he would also like to express his appreciation to the Lions who have put in the extra effort to help in the selling of his commemorative coins.

Lions Club of Singapore Lotus and Pioneer CSC Visit

29 Dec 2012

Members from Lions Club of Singapore Lotus (LCS Lotus) and Pioneer Community Sports Club (Pioneer CSC) visited the residents at Bedok Home and entertained them with traditional Chinese dance and rendition of popular songs. The residents readily joined in by clapping their hands along with the rhythm of the music.

The residents also enjoyed the delicious soya beancurd and

biscuits that were generously provided by LCS Lotus. With invitation from the enthusiastic members of Pioneer CSC, Chairman of Lions Home, PCC SG Chin joined in the dance performance too.



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● VIEWS FROM THE TOP

In this issue of "Views from the Top", we are featuring Mr Lee Ang Seng, General Manager (Mechanical & Electrical Sections) and Mr Lee Tuck Cheong, General Manager (Civil & Structural/Infrastructure) from Beca Carter Hollings & Ferner (S.E. Asia) Pte Ltd on their views of Corporate Social Responsibility (CSR) and why they would like to contribute to Lions Home.

Mr Lee Ang Seng

General Manager (Mechanical & Electrical Sections)



1) What is the nature of your business?

The Beca Group is one of Asia Pacific's largest privately owned multi-disciplinary engineering and professional services consultancy organisation that operates globally in 3 hubs – New Zealand, Australia and Asia. With the Asia Headquarters in Singapore, our Singapore office is one of the largest consulting engineering firms in the local construction sector with about 250 people offering engineering, design and project management services to Beca's clients.

Beca in Singapore is also proud to be awarded the Singapore Quality Class Star and the People Developer Standard and through the years, we have also accumulated several prestigious Green Mark, Construction Excellence and Design awards for numerous building projects in Singapore.

2) What prompted your company to embark on a Corporate Social Responsibility (CSR) engagement?

As a responsible corporate citizen, it is just the right thing to do. We believe in contributing to the well-being of the community and caring for the socially less fortunate. We also believe in raising employee awareness and responsibility on environmental issues.

Mr Lee Tuck Cheong

General Manager (Civil & Structural/Infrastructure)



3) Why does your company adopt Lions Home for the Elders as its CSR engagement?

With the Singapore population rapidly ageing, it is important that we consider the needs of the elderly. As we were planning for the Beca Charity Walk-a-Jog 2012, Lions Home for the Elders came up as a choice for the beneficiary. We believed in the nature of the Home's services, particularly the fact that it reaches out primarily to the poor and needy in the elderly community.

4) What does your company's CSR engagement entail?

We would consider channelling the proceeds we generate from our CSR events to the Home. Apart from monetary donations, we would also encourage our staff to contribute to the Home in their own personal capacity such as volunteering their time and efforts.

5) Would you encourage other corporate establishments to do the same?

Certainly.

● VIEWS FROM THE TOP

We are also featuring Mr. Matthew Tan, Senior Manager of People Profilers Pte Ltd on his views of Corporate Social Responsibility (CSR) and why he would like to contribute to Lions Home.

Mr Matthew Tan

Senior Manager of People Profilers Pte Ltd



1) What is the nature of your business?

People Profilers Pte Ltd is an Executive Search and Recruitment company that has been dedicated to provide staffing solutions, outsourcing HR services and expertise to all organisations. Since our humble beginnings, we have rapidly progressed to be a human capital solutions provider covering a wide range of industries. Understanding the importance of talent acquisition, we aim to be a strategic partner in providing HR solutions to companies that ranges from SMEs to Multinational Corporations.

Our committed and resourceful consultants are passionate and specialized in their roles. They leverage on their knowledge to understand the HR needs and industries of our clients.

2) What prompted your company to embark on a Corporate Social Responsibility (CSR) engagement?

People Profilers recognizes the importance of contributing to the needy community in our society.

With the goal of fostering positive relationships within the communities in which we operate in, People Profilers engages in various CSR activities to address appropriately the local needs and also encourages employees to play an active role in their communities.

3) Why does your company adopt Lions Home for the Elders as its CSR engagement?

People Profilers is committed to good corporate citizenship and in improving opportunities and quality of life of the community it serves. It makes donations to various charitable bodies and contributes to deserving organizations, and impoverished welfare homes.

We chanced upon Lions Home for the Elders when researching on some old folks homes to visit in Singapore. We find Lions Home for the Elders very dedicated in striving to provide the elderly with a sense of dignity and maximum independence possible while they are receiving medical and nursing care and undergoing rehabilitation. With this thought in mind, we are delighted to adopt Lions Home for the Elders as one of our CSR engagement.

4) What does your company's CSR engagement entail?

The Company's CSR channels financial aid and support, either in cash or kind to various communities, such as old folks and children's homes.

It is our hope to encourage our employees and their family members to contribute in their own capacity in bringing joy to the less privileged.

5) Would you encourage other corporate establishments to do the same?

Yes! Ensuring a comprehensive CSR policy is in place and embedded at the heart of a business can not only enable companies to make a difference to the society, but also deliver a tangible benefit to the firm. Businesses worried about the cost of implementing this should recognize how it can help in contributing to the society as well as the development of employees and ensuring they are proud of the company they work for and motivated to perform at their best.

Ministry of National Development

01 Feb 2013



The staff and senior management from Ministry of National Development (MND) visited the Toa Payoh Home on 1 February 2013. Their visit was made that more interesting for the residents when they were asked to create Chinese New Year lanterns using ang pow packets. During tea-break, the staff enthusiastically served chilled soya bean curd to the residents.

Lions Home was honoured to have Deputy Secretary for Development, Mr. Tay Kim Poh and Deputy Secretary for Planning, Ms. Chang Hwee Nee, who presented the residents

with customary red packets and Mandarin oranges. The Home was also very grateful to receive a cheque donation of \$10,300 from the Ministry. They hope that this donation will help in the day-to-day costs of running the Home.



Leo Club of Temasek Junior College “Go Green Day”

26 Jan 2013



Go Green Day, conducted on 26 January 2013, was a major college event organised by the Leo Club of Temasek Junior College. 1,100 students, teachers and Temasek Junior College alumni fanned out to the neighbourhood of Bedok, Chai Chee and Kaki Bukit to collect newspapers and used clothing. Club members from LCS East and Temasek Junior College Leaders also joined in to help with the collection.

This event raised a total of \$7,552 for Lions Home for the Elders (LHE). The Home would like to express its heartfelt thanks for the hard work and effort put in by all the volunteers in this meaningful and fruitful event.

Temasek Polytechnic & Lions Club of Singapore Island

08 Mar 2013



Student volunteers from Temasek Polytechnic visited the residents at the Lions Home, Bedok and entertained them with songs, cup stacking games and pass-the-parcel games. These different forms of entertainment drew big smiles and happy laughter from the residents. The Home is very grateful to Lions Club of Singapore Island for their generous sponsorship of snacks and drinks for the residents’ tea break, and would also like to thank the students for entertaining the residents.



Alliance Era Pte Ltd Visit

26 Feb 2013

Staff members from Alliance Era visited the residents at Lions Home, Bedok on 26 February 2013, bringing with them many donations in kind. They entertained our residents with a rendition of popular Chinese pop songs to the accompaniment of an acoustic guitar. The staff and management also celebrated the birthdays of the residents born in February, much to the delight of our birthday ‘girls and boys’.

The Home was very thankful for the donation of \$500 from the management and staff of Alliance Era.

Professional Investment Advisory Services Visit

05 Apr 2013

Staff members and management from Professional Investment Advisory Services (PIAS) visited the residents on 5 April 2013. Their entertainment line-up included impersonations of popular Chinese pop singers, which the residents thoroughly enjoyed. They also played pass-the-ball games with the residents and presented the winners with prizes.

PIAS also recognised the hard work and efforts of the nursing and care staff by presenting them with tokens of appreciation. Goodie bags were also given out to the residents while they enjoyed their delicious tea break spread.

The Home was very grateful to receive a cheque donation of \$2,000 from PIAS and a cash donation of \$1,008 from the staff members.



EDITORIAL COMMITTEE

PCC SG Chin, Lion Eng Teal, Lion Jeffrey Yang, Lion Teresa Lim, Ms. Doreen Lye, Mr. Richard Kwok, Mr. Michael Lee.

The views and opinions expressed in the articles are those of the authors and do not necessarily reflect the policy and view of Lions Home.

The Editorial Committee reserves the right to edit stories due to space constraints.

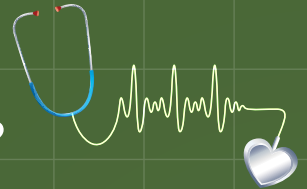


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