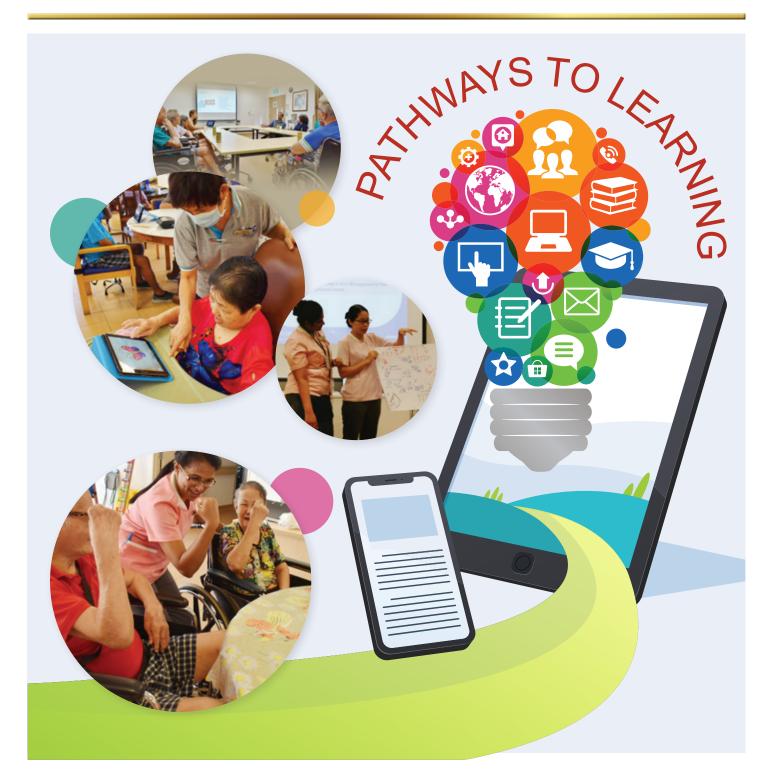
2020 ISSUE III MCI (P) 041/01/2020

GOLDEN TIMES







HIGHLIGHTS -

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CHAIRMAN'S MESSAGE

s the year winds down, it is a timely reminder for us to reflect. 2020 has been a year full of challenges - the presence of COVID-19 has hindered and caused impactful disruptions. Having said that, adversities have reminded us that struggles are overcome with assistance that we have received from many giving hearts.

This year, the anticipated annual Flag Day for Lions Home where volunteers would canvass Singapore's streets for donations from the public, was not a viable option with the restrictions still in place. Uncertainty arose on how much the Home could fundraise through an e-platform in appealing for charitable donations instead, given the unprecedented situation. When the e-Flag Day campaign concluded, we were very thankful and full of appreciation to see that we had exceeded the targeted amount with \$95,211 being raised. This would not have been possible without the support from Lions Club members, corporate partners, and donors. However, the appeal for funds continues even after this campaign, as there are still other appeals for specific causes on our website. Your continuing donations will always be much appreciated in your support of the Home.

In our earlier issue, we mentioned how Lions Home's care staff arranged for video calls with the residents' next-of-kin through the use of tablets. This has helped residents reduce their feelings of loneliness and relieved the worrying stress and concern on how their loved ones were coping. In this issue, we would like to highlight how the Home has modified and redesigned its volunteer programmes by leveraging on technology. Weekly chats with volunteers provide a psycho-emotional and social support, and regular engagements have forged friendships and served as a platform for residents to voice their thoughts and feelings. Find out more about how these online programmes are run by flipping through the next few pages.

A call for celebration goes to our deserving care staff, who have received another accolade, presented during the Community Care Excellence Awards by the Agency for Integrated Care. The award acknowledged how a particular project in the Home - Jintronix, has led to an improved client experience. We would like to applaud our care staff for their hard work and dedication.

Another piece of good news pertains to the new Singapore University of Social Sciences (SUSS) Centre of Excellence for Social Good. In order to enhance the capabilities and practices of non-profit sectors through education and research, the centre will collate expertise

from the non-profit, public and private sectors and run courses to educate volunteers and staffin areas such as digitalisation, productivity and more. This would be a great sharing with a tertiary institution in our efforts to expand partnerships to promote ground-up initiatives and a view to encourage volunteerism with signed up partners. Lions Home can offer data to aid in research and optimistically anticipates SUSS' resources to further the education, and professional capabilities of our clinical team.

The Annual Awards and Recognition Night has been deferred to the first quarter of next year. The emphasis on adhering to social distancing to prevent any spread of the virus, resulted in our having to make this difficult decision. Nevertheless, we have certainly not forgotten the generous support from our donors, volunteers, and Lions Clubs throughout this year. They will be given due recognition as we look forward to celebrating this special occasion when circumstances permit.

Past Council Chairperson (PCC)
Henre WH Tan (PBM)
Chairman



EDITORIAL COMMITTEE: PDG Lion Isabel Cheong, PCC Lion Henre WH Tan (PBM), Lion Jennie Lee, Lion Yeo Eng Im, Lion May Yeo, Ms Doreen Lye, Ms Lena Iriawati, Ms Audrey Cheong.

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SERVICE EXCELLENCE •

Clinical Career Path

By Ms Doreen Lye, Chief Executive Officer

ne of the ways in which Lions Home has strived to uphold its vision of being The Recognised Leading Service Provider in Health, Nursing and Aged Care is evaluating how clinical staff can enhance their skills to better serve the residents. The Clinical Career Path provides such an opportunity by encouraging staff to pursue relevant academic certificates through Lions Home's sponsorship.

With an aim to achieve a higher standard of care for residents, these graduates have used their newly found knowledge and expertise to propel and initiate new programmes for the Home. Apart from their innovative thinking, they have also honed leadership capabilities to guide their junior colleagues.

These are some examples of how our graduates have done the Home proud with their drive and resourcefulness. We certainly look forward to witnessing more of such endeavours.

"Palliative education and training have prepared me to respect the elderly's beliefs and values, while making complex medical decisions and designing care plans that are aligned with the residents' and their families' goals. I would like to thank Lions Home for this great opportunity that widened my skill sets and knowledge."

Senior Nurse Manager, Ramalingam Vasanthi, Specialist Diploma in Palliative Care Nursing

"T m re sk m in

"The Clinical Rehabilitation course enabled me to identify rehabilitation potential in residents and honed my knowledge and skills in motivating residents to function at their maximum potential by implementing appropriate interventions using a multidisciplinary approach."

Assistant Nurse Manager, Juliet Joseph, Graduate Certificate in Clinical Rehabilitation

"Pursuing a master's degree allowed me to understand the changing landscape in geriatric care. The knowledge attained helped me guide teams through evidence-based clinical improvement projects to enhance the life of the residents, an example being the introduction of Virtual Reality. It was well accepted and improved the residents' experience. I hope to continue applying acquired knowledge to provide a holistic care for the elders in Lions Home."

Rehabilitation Manager, **Pratiti Kaji**, Masters of Science in Clinical and Health Science with Ageing



"I would like to thank the management at Lions Home for this valuable opportunity as the degree strengthened my focus on evidence-based practice. The leadership skills I have learnt also enabled me to successfully manage a two-year Hand Hygiene Project from 2018."

Assistant Nurse Manager, **Du Juan**, Degree in Nursing Science

"I truly appreciate the educational opportunity to enhance my knowledge and skills. I am better prepared to make informed decisions during crises and assess how to provide a higher quality of care for the residents."

Senior Staff Nurse, Nang Khin Yadanar Aye (Aye Thin), Bachelor Degree in Nursing, Certificate in Medical and Surgical Nursing

"The master's degree has empowered me to lead my team with confidence in the Dementia Specific Unit. I have also developed a training programme to manage challenging behaviours and tough situations."

Senior Nurse Manager, **Arivazhagi Varadhan**, Masters of Science in Dementia Studies

"The Masters in Nursing Education has broadened my career and scope of practice to develop training programmes for newly recruited staff to help them gain a better understanding of the needs of elderly residents and empower them to deliver safe and quality care in an ever-changing elderly landscape."

Senior Clinical Educator, Francis Regis Monica Jayarani, Masters of Science in Nursing Education

"This course improved my theoretical knowledge in nursing and allowed me to develop critical thinking skills which enables me to provide a high quality of care for residents at Lions Home."

Assistant Director of Nursing, **Joselito S. Iporac**, Degree in Nursing Science

"During my course of study, I worked on a literature review on the uses and benefits of Virtual Reality (VR) in Geriatric Rehabilitation. I initiated a group rehabilitation session with Jintronix, a VR platform that helps patients with physical therapy in Lions Home Bedok. Compared to traditional exercises, it has led to an increased engagement and enjoyment among residents."

Therapy Associate, **July B Pasigna**, Graduate Certificate in Health Service Management







Community Care Excellence Awards

By Pratiti Kaji, Rehabilitation Manager

ions Home is pleased to receive the Merit Team Award under the Community Care Excellence Awards by the Agency for Integrated Care.

Categorised under the Client Experience Improvement, the award recognised one of Lions Home's projects, namely the Virtual Reality (VR) for Engagement of Elderly in Rehabilitation. VR is a simulation that allows a person to interact with three-dimensional environment through electronic tools. The VR programme introduced in Lions Home is known as Jintronix, a web-based programme that offers combination of exercises and interactive virtual games. Before its implementation in April 2018, Lions Home was on the lookout for new and innovative means to maintain the residents' physical and cognitive abilities, enhancing the quality of life of the elderly, as well as to improve staff productivity.

Jintronix has a range of therapeutic games, exercises and functional assessments that assists as a rehabilitation platform and promotes cognitive engagement. The software also gathers real-time data and generates objective outcomes, permitting staff to monitor and observe the residents' progress. It is suitable for elderly of all profiles including those who are wheelchair-bound.

Residents who would normally refuse exercises such as traditional gym rehabilitation exercises can choose to be active in their own wards as only a small area is required to set up Jintronix. Staff have observed that residents were kept immersed with the wide variety of choices and game-based exercises. Productivity-wise, residents are given their routine exercises tailored to their needs and minimal staff supervision is required. Jintronix has helped in efficient personhours management and provides better care for the residents.





VOLUNTEER PROGRAMMES •

Introduction to e-Volunteering Programmes

By Joycelyn Heng, Volunteer Programme Executive

nteractions and activities guided by volunteers are an integral source of bringing joy and comfort to residents of Lions Home. The familiarity of having regular on-site visitations by group volunteers delight the residents and they so eagerly look forward to these sessions. By leveraging on technology towards e-Volunteering, Lions Home was able to continue volunteer engagement activities safely despite the pandemic. These engagements include screening of pre-recorded videos, e-Volunteering sessions, and weekly individual befriending with the residents of Lions Home.

The individual befriending programme allows volunteers to have weekly chats with residents, providing the psycho-emotional

and social support they need. With regular engagements, friendships are forged and residents are comfortable to voice their thoughts and feelings.

Through the e-Volunteering sessions, volunteers conduct games and tutorials such as art and craft, lead in simple exercises or hold a performance for a group of seven to ten residents. Some sessions even take the form of Zoom parties, where volunteers would hold live performances for a larger group of residents. Although e-Volunteering programmes are carried out through a screen, Lions Home is appreciative of how the volunteers have continued to bring cheer to our residents and we look forward to more of such engaging sessions.



Goldman Sachs Singapore
Fun exercises with a groove to the music.







the Senior Care Centre.

Crescent Girls' School
Residents look forward to sing-along sessions with the students.



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The Achievers, Friends of IMH

By Tan Zai Xuan, Volunteer Leader, The Achievers

he Achievers – Friends of Institute of Mental Health (IMH) is a non-profit, non-religious volunteer group established in 1999. Besides volunteering at IMH's adopted wards, our passionate members also spend time conducting fun activities such as singing, dancing and outings with residents from various nursing homes.

With physical volunteering restrictions, we embarked on Zoom sessions with an aim to bring smiles to the beneficiaries' faces and to sustain the connection built over the sessions. Lions Home was one of the organisations we reached out to. We spent time with the residents over several occasions - Nurses' Day, National Day, Gardens By The Bay (GBTB) Virtual Tour and the Mid-Autumn Celebration. From collaborations with schools to talented performers, each session was thoroughly planned and provided a unique experience for all. Some upcoming live sessions include tours of Civic Plaza, Edible Garden City and even Singapore Zoo, where residents will get to meet and greet animals!

Jordan, The Achievers Volunteer

"Virtual volunteering with Lions Home has been extremely enjoyable. It is amazing to see how so much good can be done across the screen. Activities and programmes held during each session are always so entertaining and they only seem to get better and better!"

Mallika, The Achievers Volunteer

"I was glad to be a part of Zoom volunteering sessions with one of Singapore's most established homes for the elders - Lions Home. Thanks to the power of technology, we were able to reach out to over 700 beneficiaries island wide, including our friends at Lions Home.

It was delightful to be able to bring together some wonderful local talents; magicians, dancers, singers, to provide joy to the lives of our friends on several special occasions. We were overjoyed to hear that residents at Lions Home enjoyed the performances thoroughly and I hope that we can continue working together for more exciting times in the future!"



Nurses' Day Celebration on 25th July 2020

The Achievers and students from Hwa Chong Institution's Music and Dance CCA showed appreciation to nurses, doctors and medical staff with performances of music and dance. There was also a fun hand sign dance activity for residents and volunteers.



National Day on 8th August 2020

Residents watched performers showcase their talent, intrigued by the ventriloquist act, Teochew opera, magic show, Latin dance and more. The Achievers' volunteers shared about the significance of National Day in English, Malay, Mandarin, Tamil, Hokkien, Cantonese and Hindi.

Gardens By The Bay on 12th September 2020 The Flower Dome in GBTB caught the residents' interests as the volunteer tour guide shared her knowledge of the flowers, plants, and trees. Though it was a virtual experience, residents were able to get a good closeup look of the various flora

displayed.





Mid-Autumn Festival on 26th September 2020 The Mid-Autumn festival is usually a very exciting occasion at IMH as we will dress up in colourful costumes and perform skits for our special friends. While we could

not do that this year, we moved

our celebrations online and

even did a skit on Zoom with costumes! We also invited Aphasia SG choir, Wushu Engineers, Singapore Polytechnic Vocal Talents and ETC Music School to provide an afternoon of lovely entertainment for volunteers and residents. Tea break was also catered for all residents – halal Swiss rolls!

Start Small Dream Big

By My First Skool and PCF Sparkletots, with the support of Agency for Integrated Care and Community Chest

gency for Integrated Care (AIC) and Community Chest collaborated for the first time to support the Start Small Dream Big (SSDB) initiative by the Early Childhood Development Agency. Under the initiative, preschools took on projects under various themes such as Caring for the Elderly, and Bridging the Gap.

AIC has been in partnership with PAP Community since 2017, to help nurture intergenerational bonds between young

children and seniors in the community care sector. This was however, hampered by the safe distancing measures introduced in 2020 as part of efforts to combat the spread of COVID-19.

While physical visits to community care facilities were no longer possible, technology and innovative solutions enabled the preschoolers to find new ways to engage and bring joy to seniors!

My First Skool lk 541 Ang Mo Kio Ave 10



In June 2020, we successfully launched the SSDB project with our K1 and K2 children. We chose the theme of Bridging the Gap and were able to collaborate with Lions Home (Bishan). Through this, we wanted to encourage the children to accept people of all ages, capabilities and limitations, as well as to provide both child and elderly alike with direction and purpose to alleviate isolation.

In line with our objectives, we sent "hello" cards over to introduce our children to the elderly at Lions Home. In spite of the pandemic, a connection was forged between both parties as the elderly received monthly art packages together with artwork completed by the children. Instructions were also included to guide residents on the artwork.

Subsequently, an e-Volunteering session was organised. The children put up various performances and the seniors and children did a "family tree" artwork together virtually.

At the end of the collaboration, we sent over potted plants as a memento for the elderly to remember us by.

This was indeed a fruitful and meaningful experience for the children here at My First Skool, as they learnt how to show love and care towards others in the community.



PCF Sparkletots Blk 115 Fengshan



PCF Sparkletots is grateful to AIC and Community Chest for providing our centre, teachers and K2 students with the opportunity to partner and work with Lions Home (Bedok) for the SSDB project.

The theme for this project was "Caring for the Elderly" and our hope was for the students to learn to show care and concern for the elderly and instil in them the importance of practicing social responsibility.

To prepare the students for the project, they were tasked to work with their grandparents at home to come up with an activity for the residents.

Despite the COVID-19 situation, the children and seniors were able to meet virtually. During the virtual sessions, the elderly were engaged by the activities prepared by our children and teachers. We could see many smiles and hear many of the seniors clapping their hands. These sessions culminated with art mementos being presented to the residents.

Through the planning of the sessions, our K2 children were able to appreciate and learn the importance of caring for the elderly. This opportunity allowed our students to be gracious, a value which the school strongly abides by.

6

Residents Embracing Technology

By Joselito S. Iporac, Assistant Director of Nursing

echnology such as smart devices has opened up many doors for the residents at Lions Home. With Singapore having a growing aging population and more elderly getting admitted to an institution like a nursing home, we encounter an everincreasing request for meaningful activities.

Smart devices are important tools for therapists and healthcare professionals as they engage the elderly in various enriching ways cognitively. For one, Lions Home uses SilverActivities, an application that consists of interactive games, short interesting stories, and other activities. In addition, the user's progress can be monitored too.

Engagement in tablet activities and videos are known to have calming effects on many agitated and restless residents, ensuring a better quality of life for the residents.

In this pandemic, usage of tablets by the elderly help them stay connected and engaged, making it possible to conduct online group activities via a platform like Zoom. They have also been taught to navigate the tablet on their own, using platforms such as YouTube to search for educational videos on cooking, gardening, opera performances and more.

In usual practice, residents would gather at a certain venue to watch television or movies in a group. Now, they are limited to the safety of their own space. In terms of average time spent on devices, residents are given up to forty-five minutes to one hour which may also vary depending on the length of a movie.

Some challenges observed in our residents when using a tablet are physical limitations due to medical conditions such as having poor eyesight, weak motor skills and difficulty in understanding the functions of a tablet. Despite these obstacles, residents are still excited and willing to learn how to use a tablet. Care staff are always close by to guide them when necessary.

In conclusion, tablets are an advancement to keep the elderly engaged in interesting and purposeful activities that help improve their quality of life.

> Resident enjoying the peaceful scenery through a YouTube video.



The App, SilverActivities, keeps track of popular content amongst residents. It also monitors the number of times the tablet was used, and time spent on the device.

Mental Health Awareness

By Arivazhagi Varadhan, Senior Nurse Manager; Ramalingam Vasanthi, Senior Nurse Manager; and Juliet Joseph, Assistant Nurse Manager

ental health is a growing global concern. The recent Qualtrics findings show that 41.5% of respondents who are employees have a declining mental health since the outbreak. Studies have shown that serious mental illnesses can lower life expectancy by 10 to 15 years. Therefore, it is essential to discuss the importance of mental health.

Around the world, healthcare workers encounter a multitude of challenges surrounding their daily routine amidst the escalating situation. Staff working in nursing homes are no exception. Stepping up of enforcements, carrying out precautionary measures and close monitoring of residents are crucial since seniors are at higher risk of developing serious health complications if infected with COVID-19. Some staff experience health impacts that manifest themselves physically and mentally, resulting from overwhelming stress, fear, exhaustion, anxiety and uncertainty.

Contributing factors of the psychosocial impact of the pandemic include multiple updates in guidelines, requirements, and advisories; changes in staff accommodations; loneliness and loss of social connections; anxiety and fear of the virus; stretched manpower and more.

Self-care is a skill that need to be learned and practised. Staff are reminded to stay positive with SMILE:



Start smiling to lift up your mood.



Make it happen by having a healthy work life balance.



I can do it – an affirmation is half-way towards solving the problem.



Laugh out loud to relieve tension and find humour in situations.



Embrace optimism to better cope with



Lions Home's middle management conducted various briefings and trainings via virtual conferences to address these concerns. Staff are entrusted to work effectively and productively in a team and are encouraged to approach their seniors to express any fears and worries. Thank you notes, care packs, goodie bags and verbal appreciation from management and volunteers have been encouraging and uplifting. Staff are supported with funding and allowances to cope with the safe living measures. There are also regular check-in sessions to remind staff to look out for and support

Raising awareness of mental health issues is the start of the process to tackle them. It is not the end. In our fight against COVID-19, regardless of how disruptive forces are or how stressful the situation is, we shall continue nurturing and empowering our staff, to help them to feel safe, calm and connected to a strong support system. With the right approach, we believe we can come out of this crisis stronger and more resilient.





Staff Appreciation Board filled with heartfelt messages to spur our care staff on.



Sharing of Best Practices by Lions Home Staff

By Agnes M Sison, Senior Staff Nurse I; Nang Khin Yadanar Aye, Senior Staff Nurse III; Richard Evangeline Maria. Staff Nurse I: and Kohila Paramasivan. Staff Nurse II

November this year, Agency for Integrated Care (AIC) Quality Productivity Department organised a series of webinars and invited several nursing home participants, such as Lions Home's staff, to share some of the best practices implemented in their own nursing homes. These participants were involved in AIC's Process Quality Improvement (QI) Collaborative over the past few years.

Lions Home's nursing staff presented three different topics, Improving and Standardising Nasogastric Tube Feeding Process, Falls Prevention and Improving the Showering Process in Nursing Homes. The audience consisted of professionals from the community care sector. Ms Patsy Pang, Director of Nursing (DON), as well as our Senior Nurse Managers, Ms Vasanthi and Ms Ariva, were invited to join AIC colleagues and DONs from other nursing home as panellists for the Q & A sessions.

Title of Webinar Series: Quality & Productivity Webinars: Improving Quality and Productivity in Long-Term Care



From 2019, staff embarked on a QI project with AIC on the topic of Fall Prevention. During the workshops, they learnt to implement fall care bundles for residents in order to prevent and manage falls in the nursing home. The team presented the benefits and challenges of implementing a Fall Care Bundle in a nursing home.

The Fall Care Bundle was developed from evidence-based practice of residents while considering their values, beliefs and preferences. Through this experience, the fall prevention team has learnt to plan, implement, review, and evaluate individualised strategies to reduce or prevent falls and it has provided an avenue to enhance the residents' quality of life while maximising their functional independence.



The collaborative QI project with AIC on Improving and Standardising Tube Feeding Process started in October 2017. The aim of this project was to standardise and streamline the process for tube feeding so as to reduce residents' risk of complications.

The team learned the benefits of using tools in the preparation and cleaning phase. Lions Home utilised the handheld blender machine to prepare for a large quantity of milk for many residents and the dishwasher machine helped speed up the washing of milk feed equipment. Blockages of the NGT was reduced, frequency of changing the NGT decreased and the milk produced was lump-free. This process has since been implemented in both Lions Homes.



The project on Improving the Showering Process in Nursing

Homes started in June 2019, with the objectives to improve the showering efficiency, reduce incidents of falling and promote the dignity of residents.

The team conducted surveys and collected data to identify the dilemma experienced by the staff. To counter the problems faced, some of the changes implemented included eliminating unnecessary movements of staff, encouraging communication, organising a schedule for staff to check on equipment the day before and more.

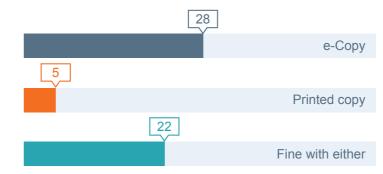
Overall, it was reported that there was an increase in staff who agreed that there was adequate time to finish the showering procedure and that there was good communication between staff, while following the Lions Home showering protocol. The team intends to extend the project to both Lions Homes.

GT Survey Results

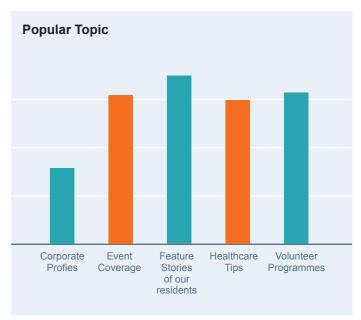
By Audrey Cheong, Senior Corporate Communications Executive

May 2020, Lions Home sent out a survey to better understand what our readers would like to see in the Golden Times newsletter. We would like to send our appreciation to those who responded and share our findings with you.

Out of 55 respondents, 28 preferred an e-Copy of the newsletter, 5 favoured remaining with a printed copy and 22 was fine with either choice.



Kindly provide your email address to us via lhe.pr@lionshome.org.sg for us to send you our e-GT newsletter.



Starting this year, Lions Home will make the switch to an e-Golden Times newsletter. We will continue to address some of our readers' favourite topics such as feature stories of our residents and introduce our many volunteer programmes. Thank you for your kind support and contribution.

Mid-Autumn Celebrations with Gardens By The Bay

By Ong Wei Lin, Volunteer Co-ordinator

he partnership with Gardens By The Bay (GBTB) has been a wonderful experience for Lions Home since 2018. Every Mid-Autumn festival, GBTB will send lanterns for the residents to paint, which will thereafter be hung around GBTB's premises. On top of visiting the Flower Dome and Cloud Forest, residents also get to see their very own hand-painted lanterns, putting a smile on their faces.

This year, although the residents were unable to visit GBTB, they were still able to enjoy painting the lanterns. Lions Home was grateful to have BCA Academy adopt the suggestion of showcasing the decor around GBTB, as well as the lanterns painted by the residents through a private tour video recording. Residents were grateful and delighted by the kind gesture when their beautiful artworks were shown via the pre-recorded video.



Lions Home Bedok resident focused on painting her lantern



Residents' hand-painted lanterns lighting the corridors at



Donation Appeal

Here are some of the ways you can choose to support Lions Home For The Elders.

Wishlist Items_



Groceries

- Condiments (chilli sauce, light soy sauce, tomato sauce)
- Fresh vegetables (cabbages, carrots, tomatoes)
- Fruits (bananas, watermelons)



Hygiene Needs

- Disposable surgical masks (3-ply)
- Facial tissue boxes
- Kitchen paper towels



Others

- Pyjamas
- Single fitted bed sheets with pillow cases
- Thermal blankets

How to deliver to our Home

First of all, a big THANK YOU for your generous gifts.

Please email to Ihe.pr@lionshome.org.sg to make an appointment before delivery:



Lions Home Bishan (9 Bishan Street 13, Singapore 579804) or Lions Home Bedok (487 Bedok South Avenue 2, Singapore 469316)

Do try to arrange for delivery during office hours (9am to 6pm) on weekdays, and kindly include the receipts of your donations together with donation in-kind form for auditing purposes.

Thank you for your kind donation! .



Hand Sanitisers and Masks

- · Christina Lim and friends
- · Excelle International Pte Ltd
- HACOS Hair & Cosmetology Association (Singapore)
- · LCS Clarke Quay, Contribute.sq
- · LCS Goodlink
- · LCS Nassim, All Ins Agency Pte Ltd
- · Legend Asia Holdings Pte Ltd
- Nouvelle Property Management Solutions Pte Ltd
- · SGI Global Pte Ltd

Support for Lions Home Staff

- · Ace Seniors Pte Ltd
- · LCS Goodlink
- · LCS Marine Parade
- · National University of Singapore
- · The Achievers Friends of IMH



Lions Home staff were delighted to receive ice cream from Lioness Club Singapore.



Fruit Care pack donation by J.O.E Eco Alliance to fuel our staff.





Thank you LCS Goodwood for the donation towards the COVID-19 relief campaign.

Donation by PayNow QR Code

Donations in cash are eligible for 2.5 times tax deduction

Launch your iBanking app and scan the QR code or select **PayNow** and key in **Lions Home For The Elders UEN S80SS0029BDON**.

For other online donations, please visit our website here at www.lionshome.org.sg. Lions Home For The Elders is an approved Institution of Public Character, and all outright donations are eligible for 2.5 times tax deduction. For IRAS to include your tax-deductible donation, please indicate your NRIC / FIN / UEN upon donation.



Fundraising

For more ways in which you can lend your assistance, visit our website to find out more about our causes: www.lionshome.org.sg/fundraising.